

# Southern Piedmont Area

# SPANANA

3rd Sunday of the Month @ 15 S. Fayetteville St. Asheboro, N.C., Suite 200, 2nd floor

ncspana.org

2/16/2025

## OPENED WITH THE SERENITY PRAYER

12 Traditions read by Samantha G.

12 Concepts read by Rod H.

## ROLL CALL: SPANA OFFICERS

CHAIRPERSON:	Pat T.
VICE CHAIR	(OPEN)
SECRETARY:	Evelyn D. (ABSENT)
SECRETARY ALT:	(OPEN)
TREASURER:	Scott W.
TREASURER ALT:	(OPEN)
RCM:	Rod H.
RCM ALT:	Thomas R. (ABSENT)
H&I CHAIR:	Treston D.
H&I ALT:	Kristy J.
PR CHAIR:	Samantha G.
PR ALT:	(OPEN)
POLICY CHAIR:	(OPEN)
POLICY ALT:	(OPEN)
Events Chair	John K.
Events Vice Chair:	Angel A. (ABSENT)

## Roll Call: HOME GROUPS

JUST FOR TODAY	Samantha G.
BURNING DESIRE	(ABSENT)
MORE WILL BE REVEALED	Pat T.
TIES THAT BIND	Treston D.
PATHWAYS TO FREEDOM	Rod H.
COURAGE TO CHANGE	(ABSENT)

## HOMEGROUP REPORTS

READ AND ACCEPTED BY VOTE

**NOTE: When any AREA OFFICER or GSR is unable to attend Area Business Meeting please have an alternate representative present in your place to give report**

## SUBCOMITEE REPORTS:

- |                    |                           |
|--------------------|---------------------------|
| ▪ H&I              | READ AND ACCEPTED BY VOTE |
| ▪ PR               | READ AND ACCEPTED BY VOTE |
| ▪ RCM              | READ AND ACCEPTED BY VOTE |
| ▪ POLICY           | NO REPORT GIVEN           |
| ▪ EVENTS COMMITTEE | READ AND ACCEPTED BY VOTE |
| ▪ TREASURER REPORT | READ AND ACCEPTED BY VOTE |

**SHARING SESSION:**

- John K. abstained from the reimbursement vote for Events subcommittee.

**OLD BUSINESS:**

- Angel A. was voted in as Events Vice Chair. Congratulations Angel.
- Kristy J.'s resume for H&I Alternate Chair is tabled until next month.

**NEW BUSINESS:**

- Each homegroup needs to vote on the proposed 2 year Regional budget (included in minutes). GSR's bring your homegroup vote back to the next SPASC meeting.
- Homegroups need to vote on Motion #73- To increase Events Committee quarterly budget to \$200 per quarter. (included in minutes)
- Kristy J. was voted in as H&I Alternate Chair. Congratulations Kristy!
- The Events chair was reimbursed for expenses from the Superbowl Party. The receipts are included in the minutes.

Motion to close Area Meeting made by John K., seconded by Rod H.

RESPECTFULLY AND IN LOVING SERVICE

**Southern Piedmont Area of Narcotics Anonymous  
Hospitals & Institutions Subcommittee Report**

Open Meeting 11:45 Date Feb 16 2025

Twelve Traditions Kristy Twelve Concepts Sam G

Chairperson Treaston D Vice Chair Kristy J

**HOMEGROUP REPRESENTITIVES**

Burning Desire Absent Courage to Change Absent

Just For Today Sam G Pathway to Freedom Rad A

More Will Be Revealed John F The Ties That Bind Treaston D

**OLD BUSINESS**

more will be revealed homegroup donated 5  
books to be used P.O.H. Could use more support  
at Daymark.

**NEW BUSINESS**

meetings held at Dott's Daymarks Weekly  
could always use participants!

**FUTURE CONCERNS**

# Southern Piedmont Area of Narcotics Anonymous

## Public Relations Subcommittee Report

Open Meeting 11:32 Date 2-16-25

Twelve Traditions Kristy J Twelve Concepts John K

Chairperson Jenn Vice Chair Open

### HOMEGROUP REPRESENTITIVES

Burning Desire Absent Courage to Change Absent

Just For Today Sam G Pathway to Freedom Rod H

More Will Be Revealed Jon F The Ties That Bind Treston D

### OLD BUSINESS

we are good on schedules &  
website is up to date 1 call was  
made to the Helpline

### NEW BUSINESS

website is up to date and 2 calls were made  
to the Helpline. Anyone who was orientated to be added  
to the Helpline & wants to be added submit your  
# to Samantha G. more will be Revealed will no  
longer be meeting on tuesdays starting on 3-1-25

### FUTURE CONCERNS

Next month I will be passing around an  
updated sch to be looked over with the  
new sch changes before printing.

# Southern Piedmont Area of Narcotics Anonymous RCM Report

**Date: February 16, 2025**

**RCM: Rod H.**

**Alternate RCM: Thomas R.**

**Report:**

The N.C Region of Narcotics Anonymous met on Saturday, January 25, 2025, here at 15 South Fayetteville St., hosted by the Southern Piedmont Area. We were honored to host the Region meeting and I want to thank John K and some of his other sponsees for setting up the meeting room and helping to tear it down afterwards. A copy of my SPANA Report is included in the Region Minutes attached.

Four of the Region Officers, including new Chairperson Rene' N of the Capital Area, were present in person. PR Chair Kristen F and Treasurer Michael M attended via Zoom. Two Region Officer positions, H&I and Outreach, remain vacant. Replacements are also being sought for Region Vice Chair, Treasurer, H&I, Alternate Secretary, Alternate Treasurer and Outreach. Six of the 10 Area RCMs were also present either in person or via Zoom.

A synopsis of each officer's reports as well as those of the Area RCMs is included in the attached Region Minutes. The Treasurer reported donations of \$2720.35 to the Region since the last meeting. The Region made a donation of \$3731.25 to NA World Services and \$1236.50 to the *South Eastern* ~~Southern~~ Zonal Forum leaving a final balance of \$5000 in the treasury. A two year budget for the N.C. Region of \$37,340 was proposed and will have to be voted on by the Areas. A detailed breakdown of the proposed budget is also attached to this report.

Two changes to Region policies that were presented for review and approval by the Areas in November were approved at the January meeting. They included that elections are to be voted on by RCMs

--more--

-2-

present at the Region meetings and that expenses over budget that exceed \$500 must be sent to the Areas for approval. Expenses under \$500 will continue to be approved by the Region officers.

The Region board provided a number of paperback Basic Texts to SPANA and its home groups for use in H&I programs. A series of upcoming special events in the Region are also listed in the attached minutes. The next NC Region meeting will be held April 26 in Greensboro, although the location is yet to be determined.

Respectfully Submitted  
Rod H.  
SPANNA RCM

- The budget allocated for this line item is \$1,600 per year, multiplied by two (for two years), which equals \$3,200 per budget cycle.

## Tables, Graphs, Format

### Project Subtotal Per Year

- The box at the top of the spreadsheet shows the average yearly projected budgeted costs for easy short-term planning purposes.

### Pie Chart

- The pie chart on the right side of the spreadsheet provides a visual representation of budget breakdown over the two years based on category percentages.

### Two-Year Totals Table

- The table on the bottom right of the spreadsheet shows the two-year totals per category and their percentage of the overall budget.

#### Operating Reserves- \$9,335

- This is a new term we would like to adopt. This number is calculated by totaling the average budget costs for a six-month period.
- This amount would be used to determine whether we approve new projects and participate in fund flow to the rest of the service structure.
  - If the amount is greater than the six month average, we can approve any new projects/expenses, then pass the remaining balance to the Southeastern Zonal Forum (SEZF) and NA World Services (NAWS)
  - This is the maximum amount the region will keep on hand at any given time.

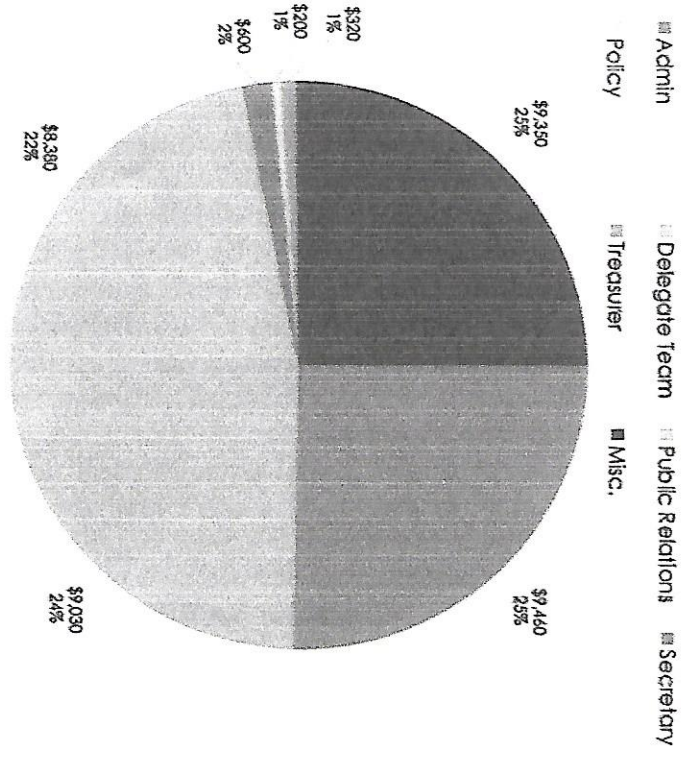
#### Emergency Reserves- \$3,540

- This is a new term we would like to adopt. This number is the amount of money the region would need to keep on hand in order to still meet and pay all our bills. Expenses include PO box, Zoom account, Google Workspace, web hosting, phone line, banking fees, and trusted servant travel.
- We do not spend below this amount except to pay for the items listed above unless otherwise deemed vital by the RSC participants.

# Draft NCRSC Two Year Budget

PROJECTED  
SUBTOTAL  
PER YEAR **\$ 18,470.00**

Type	QTY	PROJECTED COST PER UNIT	PROJECTED SUBTOTAL	COMMENTS
<b>Admin</b>			<b>9,460.00</b>	
PO Box	2	\$180.00	\$360.00	\$15 per month
Insurance	2	\$4,000.00	\$8,000.00	Once per year- price may vary
Rent	8	\$75.00	\$600.00	Often covered by hosting area
Zoom Account	2	\$150.00	\$300.00	Once per year- price may vary
Google Workspace	2	\$100.00	\$200.00	~\$80 billed monthly
<b>Delegate Team</b>			<b>9,030.00</b>	
WSC Hotel	2	\$1,000.00	\$2,000.00	Once every three years
WSC Travel	2	\$400.00	\$800.00	Once every three years
WSC Per Diem	2	\$640.00	\$1,280.00	Once every three years
Workshop Travel	2	\$125.00	\$250.00	Only as needed
Printing/Supplies	2	\$100.00	\$200.00	Only as needed
SELF Travel	6	\$750.00	\$4,500.00	Three per year- Delegates alternate
<b>Public Relations</b>			<b>8,380.00</b>	
Web Hosting	2	\$120.00	\$240.00	
Phone line	2	\$720.00	\$1,440.00	
Conferences	2	\$2,000.00	\$4,000.00	
Awards/Advertising	2	\$1,000.00	\$2,000.00	Estimated costs for future projects
Workshops/Training	2	\$200.00	\$400.00	Travel and materials as needed
Presentation materials	2	\$100.00	\$200.00	As needed
Shipping	2	\$50.00	\$100.00	As needed
<b>Secretary</b>			<b>400.00</b>	
Printing	8	\$50.00	\$400.00	Four times per year
Misc.	8	\$25.00	\$200.00	As needed
<b>Policy</b>			<b>200.00</b>	
Misc.	8	\$25.00	\$200.00	As needed
<b>Treasurer</b>			<b>320.00</b>	
Misc.	2	\$100.00	\$200.00	
Bank fees- Checking	2	\$60.00	\$120.00	
<b>Misc.</b>			<b>9,350.00</b>	
Symposium Travel	2.5	\$1,500.00	\$3,750.00	4 every 3 years
Trusted Servant Travel	8	\$300.00	\$2,400.00	\$150 max per trusted servant per RSC
Mult-Regional Symp.	2	\$1,600.00	\$3,200.00	Seed money



DATA POPULATES AUTOMATICALLY

Category	Amount	Percentage
Admin	\$ 9,460	25%
Delegate Team	\$ 9,030	24%
Public Relations	\$ 8,380	22%
Secretary	\$ 400	2%
Policy	\$ 200	1%
Treasurer	\$ 320	1%
Misc.	\$ 9,350	25%
<b>2 Year Total</b>	<b>\$ 37,340</b>	
<b>Operating Reserves</b>	<b>\$ 9,335</b>	
<b>Emergency Reserves</b>	<b>\$ 3,540</b>	



# Southern Piedmont Area of Narcotics Anonymous

## Events Subcommittee Report

Open Meeting 11:54 AM Date 2-16-25

Twelve Traditions TRESTON D. Twelve Concepts ROD H.

Chairperson John K Vice Chair ANGEL A (WORK ABSENT)

### HOMEGROUP REPRESENTATIVES

Burning Desire ABSENT Courage to Change ABSENT

Just For Today SAMANTHA G. Pathway to Freedom ROD H.

More Will Be Revealed John F. The Ties That Bind TRESTON D.

### OLD BUSINESS

We will be hosting A Superbowl party ON 2/19/25  
@ 15<sup>th</sup> Fayetteville St. @ 5:30 pm Wings + Pizza  
provided. Sodas will be sold for a dollar each  
NO ADDICT TURNED AWAY

### NEW BUSINESS

We had the superbowl party approximately  
40-50 people were in attendance, we did  
A 50/50 Raffle and will be submitting a Money  
order for \$1,02<sup>00</sup> from it and a money order  
for \$71<sup>00</sup> for drink sales totalling \$173<sup>00</sup>  
submitted to Area Treasurer, Requesting  
Reimbursement for \$224<sup>34</sup> to Events Chair

FUTURE CONCERNS motion 73 to be voted on by Homegroups

NONE



sam's club

### Self Checkout

67/07/25 16:43 6635 06402 093 9093

15.48  
 15.48  
 11.60  
 42.64  
 2.90  
 45.52  
 45.52  
 0.00

PAY FROM PRIMARY  
 TOTAL PURCHASE \*\*\*\*\* 1203 1 0  
 DEBIT  
 REFUND TO: 0056 APPR CARD 374595

US DEBIT  
 AID AUG0000000040  
 AOC 657CF944CFFB8E3  
 8714 0071100  
 TERMINAL # 10139439

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ITEMS SOLD 3



HALF PRICE STORE

COME AGAIN

REG 02 08-2025 12:28

000044 CT 1

1 GENERAL MERC \$4.99  
 T2  
 1 GENERAL MERC \$4.99  
 T2  
 TAX \$9.98  
 TX2 \$0.69  
 TL \$10.67  
 CREDIT \$10.67

NO RETURNS EXCHANGE ONLY 14 DAYS MUST HAVE RECEIPT

45.52  
 16.67  
 168.15  
 224.34

TOTAL COST FOR EVENT

Thanks for Visiting Zekos! (336) 672-6110

John Kelly 3362590831

2/9/25, 6:17 PM Ticket: A5

Server: Makyla W Pick Up

John Kelly

Invoice: 250209-03-5

4 XL 2 Topping \$11.79 47.16  
 Extra Large 16"  
 1 100 traditional wings 109.99

Subtotal 157.15  
 Sales Tax 11.00

Total 168.15

Cash Tended 180.00  
 Total Due -168.15

Change Due 11.85

Suggested Tips

15%=23.58 18%=28.29 20%=31.43

Thank you for visiting us!

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•Southern Piedmont Area of Narcotics Anonymous

AREA TREASURER - SCOTT W.

2/14/25

**TREASURER'S REPORT**

HQ- \$200      EVENTS - \$173

**INCOME**

Homegroup Donations

TRIAL - \$373

Reimbursements

\$224.34- RECEIPTS  
SUBMITTED

Subtotal

\$148.44

Less Expenses

\$23

Total

\$125.44

Less Regional Donation

\$42.83

Previous Running Balance

\$204.91

Final Running Balance

\$267.74

**PRUDENT RESERVE**

\$400

**EXPENSES**

Rent for Area Meeting Space

\$20

Secretary Expenses

H&I Expenses

PR Expenses

Policy Expenses

RCM Expenses

Events Expenses

Other

BANK FEE \$3

**TOTAL EXPENSES**

\$23

**Southern Piedmont Area of Narcotics Anonymous**  
**Homegroup Report**

Homegroup JUST for today Date 2-16-25

**Report**

All is well  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Area Donation** \$50.00

**Special Events**

NA  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Schedule Changes**

NA  
\_\_\_\_\_  
\_\_\_\_\_

**Homegroup GSR** Jerry J **Homegroup Alt. GSR** open

# Southern Piedmont Area of Narcotics Anonymous Homegroup Report

Homegroup None will be presented Date 2-16-25

## Report

All is well, we see lower attendance during the  
weeks, can use more support.

## Area Donation

\$ 50.00

## Special Events

## Schedule Changes

Starting 3-1-25, we will not be meeting  
Tuesday any longer.

## Homegroup GSR

Schmitt  
(left early)  
Absent

## Homegroup Alt. GSR

**Southern Piedmont Area of Narcotics Anonymous**  
**Homegroup Report**

Homegroup Ties That Bind Date Feb 16 2025

**Report**

All is well, could always use support

**Area Donation** 50\$

**Special Events**

John B celebrates 30 years on Feb 23<sup>rd</sup>  
Marcus celebrates 2 years march 23<sup>rd</sup> MWR  
Heather L celebrates 7 years april 2<sup>nd</sup> MWR  
Treston D celebrates 2 years april 16<sup>th</sup>

**Schedule Changes**

None

**Homegroup GSR** Angel A **Homegroup Alt. GSR** Treston D L

# Southern Piedmont Area of Narcotics Anonymous Homegroup Report

Homegroup Pathways to Freedom Date Feb. 16 2025

## Report

All is well. We are still averaging  
9 to 12 attendees at each meeting. But we  
can always use more support. Rod H. will be  
chairing for the next four meetings. James L.  
chained the past four. We change chairs at each  
Business meeting on the second Monday of the month.

Area Donation \$50.00

## Special Events

none

## Schedule Changes

none

Homegroup GSR Rod H Homegroup Alt. GSR Vacant

Southern Piedmont Area of Narcotics Anonymous

Motion Form

Date 2-16-25

Motion # 73

Motion Maker: John K.

Position: Events Chair

Second: Rod H

Position: GSR Pathways to Freedom

Motion Reads as follows:

To raise the Events Budget to \$200<sup>00</sup> per Quarter

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Intent:

To match the cost of living, so we can have events in our area to promote unity

Administrative Issue \_\_\_\_\_ Send to Home Groups \_\_\_\_\_

Vote: Yes \_\_\_\_\_ No \_\_\_\_\_ Abstentions \_\_\_\_\_

Passed \_\_\_\_\_ Failed \_\_\_\_\_ Amended \_\_\_\_\_ Tabled \_\_\_\_\_